

Team Games

<u>Acquiring</u>	<u>Working towards</u>	<u>On track</u>	<u>Advancing</u>	<u>Extending</u>
<ul style="list-style-type: none"> • I can describe the importance of a warmup. • I can label 3 muscles on the body. • I can pass the ball to my partner in variety of ways over a short and long distance. • I can pass the ball to my partner using the basic passes with accuracy. • I can catch the return pass most of the time. • I can pass the ball into space ahead of my teammate. • I can throw the ball within 3 seconds most of the time. • I can dodge to get free from my marker. 	<ul style="list-style-type: none"> • I can explain why we warm up and the effects it has on our body. • I can label 4 muscles on the body. • I can do all the basic passes with accuracy. • I can catch the ball all the time. • I can identify the different positions and where they start. • I can create space to receive a pass. • I can show a variety of dodges 'faint 'and 'backwards'. • I can show knowledge of a penalty pass or shot. • I can show some knowledge of strategies. 	<ul style="list-style-type: none"> • I can lead stretches to a small group. • I can label 5 muscles on the body. • I can understand when to use all the basic passes in a game with good speed and timing. • I can use the passes with a fake pass as well. • I can show a variety of dodges. • I can link well with my teammates when attacking and defending. • I can pivot and balance very well when receiving a catch on the move. 	<ul style="list-style-type: none"> • I can plan a warmup and stretches to a small group. • I can label 5 muscles on the body. • I can perform quality passes at the right time and with consistency and precision. • I can do any of the basic passes whilst on the move with a partner. • I can show that my footwork skills are excellent. • I can show that I have very good balance and agility. • I can play attacking and defending roles. • I can shoot well, and shoot from a variety 	<ul style="list-style-type: none"> • I lead a warmup and stretches to a small group. • I can label 8 muscles on the body. • I can play in a variety of positions. • I can play both attacking and defending to a high level. • I can cover my court area very quickly. • I am always looking for space. • I can communicate with my team well. • I can get free from my playing using all my dodging skills.

<ul style="list-style-type: none"> • I understand the correct footwork (pivot,3 steps) • I can identify what skills are being performed correctly and what skills are weaker. • I can sometimes show the correct technique when shooting. • I can throw the ball overarm for at least 20m. • I understand some basic rules. • I can identify what skills are being performed correctly and what skills are weaker. 	<ul style="list-style-type: none"> • I can umpire using basic rules. • I can show that I have began to use tactics in a game. • I can play in a small activity and show some understanding of attacking and defending. • I can dribble with my dominant hand and sometimes with my weak hand. • I can show the correct technique when shooting most of the time. • I can place the ball into space with more power. • I can make good catches and catch the ball above my head. • I can play a variety of positions. • I can identify some good and bad skills and say what changes would help. 	<ul style="list-style-type: none"> • I can show the correct technique when shooting all the time. • I can perform different shots and passes with my strong and with my weak hand. • I can play defensively. • I can throw the ball over 30m. • I can describe strengths and weaknesses in a performance and suggest a variety of ideas for improvement 	<ul style="list-style-type: none"> • of positions around the semi-circle/key. • I can umpire a game to a decent standard. • I can explain, using the appropriate terminology, strengths and weaknesses in my own performance and others. • I can suggest ways to improve performances. • I can throw the ball with accuracy and speed. • I can plan strategies and set plays to help my team win. 	<ul style="list-style-type: none"> • I can plan team strategies for set plays. • I understand how to umpire and how to keep track of the score. • I can help other play their position and give advice on skills. • I can devise tactics for my team. • I can read a game so I can change my tactics. • I can score a full game. • I can have wide knowledge of the rules. • I can analyse my own performance and others to improve skills.
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