

## NEGLECT NOT THE GIFT THAT IS IN THEE

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Dear Parents and Carers of Year 9

I am delighted to let you know that we have organised for Hussain Manawer to speak to all of Year 9 on Wednesday 12<sup>th</sup> June. Hussain is from Ilford and is a poet, writer and presenter. He has worked with our school and gives incredibly inspirational and engaging talks to young people.

The focus of his talk will be around mental health and coincides with the release of his book 'I wanted to quit too'. Hussain has been an advocate of mental health for young people for many years.



The talk will touch on some sensitive topics, including depression and loss of loved ones. The main inspiration for Hussain's book is the unexpected passing of his dear mother.

We are very lucky to have 30 copies of his new book, mostly sponsored by one of our business links, Brainspark Games.



We will be offering these to 30 selected students who will take part in a book signing event following the talk.

Please do get in touch if you have any concerns or feel that this topic may be triggering for your child.

Kind regards, Ms Philippou



















