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| Unit / topic | Working towards the skills and knowledge needed | Acquiring the skills and knowledge needed | On track with the skills and knowledge needed | Advancing the skills and knowledge needed | Extending the skills and knowledge needed |
|  | I can understand why we warm up.  I can label 1 muscle on the body.  I understand why I need to work as a team  I understand the three different types of communication.  I can identify three symbols and point them out on a map.  I can describe my plan to my team.  I can identify where I am on a map.  I can identify two key words from  OAA. | I can describe the importance of a warm up.  I can label 2 muscles on the body.  I can describe the importance of working as a team.  I can describe the three different types of communication.  I can identify five symbols and point them out on a map.  I can explain my plan to my team.  I can describe why I think I am at the start location on the map.  I can use two key words about OAA in a sentence. | I can explain why we warm up and the effects it has on our body.  I can label 3 muscles on the body.  I can explain the importance of working as a team.  I can explain the three different types of communication.  I can identify seven symbols and point them out on a map.  I can lead my plan to my team.  I can lead a basic route from A to B.  I can use three key words when describing a route.  I can plan tactics and identify them to my team to reach success. | I can lead stretches to a small group.  I can label 4 muscles on the body.  I can start to visualise routes.  I can use the three different types of communications to allow success.  I can identify eight symbols and point them out on a map.  I can describe a basic route from A to B.  I can use four key words when describing a route.  I can describe my tactics and explain them to my team to achieve success.  I can draw my own map of an area. | I can plan a warm up and stretches to a small group.  I can label 5 muscles on the body.  I can develop and visualisation and memory of routes followed.  I can go to two control points by myself.  I can explain a basic route from A to B to C.  I can use 5 key words when explaining a route.  I can create a friendly competition with other groups to create a race.  I can develop map interpretation.  I can draw my own map of an area and apply symbols to the drawing. |
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| Unit / topic | Working towards the skills and knowledge needed | Acquiring the skills and knowledge needed | On track with the skills and knowledge needed | Advancing the skills and knowledge needed | Extending the skills and knowledge needed |
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| Unit / topic | Developing the skills and knowledge needed | Consolidating the skills and knowledge needed | Securing the skills and knowledge needed |  | Extending the skills and knowledge needed |
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